



### **MAINSTREET PHARMACY TRIATHLON, 4 Mile Bay, 25<sup>th</sup> Jan. 2010**

The Tri Sport Taupo Monday Triathlon at 4 Mile bay was a very wet event but still attracted 30 brave competitors. The Mainstreet Pharmacy sponsored event was over a 200m swim, 13km bike and a 2.5km run course. Junior (15-19 age) Thomas McLaughlin splashed home first in 35m13s with Chris Todd (in 3<sup>rd</sup> place overall) the first vet (40-54) in 36m42s, Steve Currie was the first 55+ vet in 40m26, Murray Clunie the first senior (20-39) in 46m35s and Jamie Gillespie the first under 15 junior in 46m58s. Kate McLaughlin (15-19) was the first women home in 4th place overall in 39m16s with Nicole VanDerKaay the first under 15 junior in 41m59s. Debi Woodward was the first 40-54 vet in 45m13s with Kylie Overington the first senior (20-39) in 55m10s. Nicole and John VanDerKaay were the first of 3 teams in 39m42s. The three Mainstreet Pharmacy spot prize winners were Ellie Heenan, Jordan Sievwright and Kalum Gunawardana.

The next event is on Tuesday (2<sup>nd</sup>) and is the second aquathon of the summer starting from the yacht club. This will be over a 2 lap 375m swim triangle (750m total) and a two lap 1.75km run (3.5km total) along the lake front. Competitors can do the half distance single lap 375/1.75 option if they choose. This event is open for individuals or teams starting at 6pm with the race briefing at 5:45pm. The event is free to club members and \$5 for others. The club insists that all are swim competent and young competitors must compete with the approval of their parents.

The club's annual Kinloch Triathlon weekend is on Sunday 7<sup>th</sup> Feb and will include the Erin Baker triathlon (1.5/40/10km) and the Contact series which has a 0.75/10/5 or 0.3/9/3 or beginners 0.1/2/1km options.

For more information on the Tri-Sport Taupo club events ring president Chris Todd 377 0606 ah or Steve Currie 378 2224. Also visit the clubs website at [www.trisporttaupo.co.nz](http://www.trisporttaupo.co.nz) for the club calendar, entry forms and club articles. Club calendars are also available at local sport shops.

**See next page for results**

**MAINSTREET PHARMACY TRIATHLON,  
25th Jan. 2010 4 Mile Bay, Wharewaka**



SP=Spot Prize

**200m Swim/13km Bike/2.5km Run**

NAME		GRADE		TIMES	PLACES		
					O/ALL	GRADE	
<b>Long Course Individuals</b>							
Thomas	Mclaughlin	JM	15-19	35.13	1	1	
Alex	Roberts	JM	15-19	36.35	2	2	
Chris	Todd	VM	40-54	36.42	3	1	
Kate	McLaughlin	JW	15-19	39.16	4	1	
Glen	Davies	VM	40-54	39.47	5	2	
Kevin	Raven	VM	40-54	39.55	6	3	
Mike	Roberts	JM	15-19	40.07	7	3	
Steve	Currie	VM	55+	40.26	8	1	
Ian	Issacs	VM	40-54	40.55	9	4	
Nicole	VanDerKaay	JW	U15	41.59	10	1	
Ellie	Heenan	JW	15-19	43.41	11	2	SP
Peter	Sutton	VM	40-54	44.56	12	5	
Debi	Woodward	VW	40-54	45.13	13	1	
Murray	Clunie	SM	20-39	46.35	14	1	
Jamie	Gillespie	JM	U15	46.58	15	1	
Peter	Mclaughlin	VM	40-54	47.28	16	6	
Peter	Taylor	VM	55+	48.13	17	2	SP
Jordan	Sievwright	JM	U15	49.04	18	2	
Michael	Connor	VM	40-54	50.25	19	7	
Kalum	Gunawardana	SM	20-39	53.37	20	2	SP
Kylie	Overington	SW	20-39	55.10	21	1	
Julie	Bickner	VW	40-54	58.21	22	2	
Siobhan	Hannan	VW	40-54	60.19	23	3	
Jalila	King	SW	20-39	68.32	24	2	
Sancha	King	SW	20-39	68.33	25	3	
<b>Short Course Individual</b>							
Sarah	Mclaughlin	jw	15-19	38.17	1		
<b>Short Course Team</b>							
Ben Todd & Sarah McLaughlin		Team		37.08	1		
<b>Long Course Team</b>							
Nicole & John VanDerKaay		Team		39.42	1		
Ange & Lissy Team		Team		40.38	2		
Brendan, Aidan, Kevin Team		Team		41.14	3		