



### **MAINSTREET PHARMACY TRIATHLON, 4 Mile Bay, 9<sup>th</sup> Mar. 2010**

The Tri Sport Taupo Tuesday Triathlon at 4 Mile bay attracted 39 individuals and teams. The Mainstreet Pharmacy sponsored event was over a 200m swim, 13km bike (3 laps) and a 2.5km run course. Senior Cam Durno (20-39 age group) was first home in 34m48s followed closely by junior (15-19) Alex Roberts in 35m03s. Veteran (40-54) Chris Todd was 3<sup>rd</sup> home in 36m33s, Kevin Raven was 1<sup>st</sup> in his first race in the 55+ grade in 38m49s with Junior (U15) Brendan Hawkins first in his grade in 40m35s. The first woman home was junior (15-19) Ellie Heenan in 42m35s with Nicole Scott the first under 15 junior in 44m47s. First timer (and spot prize winner) Leigh Needham was first in the 20-39 grade in 48m18s with Julie Bikner first home in the 40-54 grade in 54m31s. The first short course individual (1 bike lap) was under 15 junior Keegan Pook in 26m50s. The first of two teams was Cam Durno and Nicole VanDerKaay in 34m46s. The Mainstreet Pharmacy spot prize winners were Cam Durno, Brendan Hawkins, Tania Thompson and Leigh Needham.

The next event on Monday (15<sup>th</sup>) is another Triathlon over the same distances at the same venue. The event is open for individuals or teams starting at 6pm sharp with the race briefing at 5:45pm. The event is free for club members and \$5 entry fee for others. The club insists that all cyclists have a road worthy bike (complete with helmet) and young competitors must be bike and swim competent and compete with the approval of their parents. Well done to all Taupo competitors in Ironman last weekend. Best of luck to club members who are off to Wellington this weekend for the NZ standard distance Tri champs.

For more information on the Tri-Sport Taupo club events ring president Chris Todd 377 0606 ah or Steve Currie 378 2224. Also visit the clubs website at [www.trisporttaupo.co.nz](http://www.trisporttaupo.co.nz) for the club calendar, entry forms and club articles. Club calendars are also available at local sport shops.

**See next page for results**

**MAINSTREET PHARMACY TRIATHLON,  
9th Mar 2010 4 Mile Bay, Wharewaka**



SP=Spot Prize

**200m Swim/13km Bike/2.5km Run**

NAME		GRADE		TIMES	PLACES		
					O/ALL	GRADE	
<b>Long Course Individuals</b>							
Cameron	Durno	SM	20-39	34.48	1	1	SP
Alex	Roberts	JM	15-19	35.03	2	1	
Chris	Todd	VM	40-54	36.33	3	1	
Trevor	Watts	VM	40-54	38.08	4	2	
Kevin	Raven	VM	55+	38.49	5	1	
Steve	Currie	VM	55+	38.57	6	2	
Ian	Issacs	VM	40-54	39.15	7	3	
Glen	Davies	VM	40-54	39.30	8	4	
Rob	Brown	VM	40-54	40.17	9	5	
Brendan	Hawkins	JM	U15	40.35	10	1	SP
Craig	Greenwood	VM	40-54	40.56	11	6	
Peter	Cook	VM	40-54	41.22	12	7	
John	Kuper	VM	55+	41.37	13	3	
Steve	Sievwright	VM	40-54	41.41	14	8	
Ray	Docherty	VM	55+	42.12	15	4	
Aidan	Hawkins	JM	U15	42.31	16	2	
Ellie	Heenan	JW	15-19	42.35	17	1	
Ben	O'Donald	SM	20-39	43.04	18	2	
Murray	Clunie	SM	20-39	43.33	19	3	
Nicole	Scott	JW	U15	44.47	20	1	
Beth	Owen	JW	U15	45.31	21	2	
Tania	Thompson	JW	U15	45.32	22	3	SP
Michael	Connor	VM	40-54	46.23	23	9	
Leigh	Needham	SW	20-39	48.18	24	1	SP
Luke	Connor	JM	U15	48.59	25	3	
Peter	Taylor	VM	55+	49.42	26	5	
Jordan	Sievwright	JM	U15	49.57	27	4	
Anna	Hayns	JW	U15	50.10	28	4	
Kathy	O'Dwyer	SW	20-39	52.05	29	2	
Julie	Bickner	VW	40-54	54.31	30	1	
Siobhan	Hannan	VW	40-54	57.13	31	2	
Jalila	King	SW	20-39	62.55	32	3	
Sancha	King	SW	20-39	63.01	33	4	
Steph	Johnson	JW	U15	dnf			
Duncan	Muller	JM	15-19	dnf			
<b>Short Course Individuals</b>							
Keegan	Pook	JM	U15	26.50	1	1 Lap	
Sean	Warnock	JM	U15	47.56	2	2 Lap	
<b>Long Course Teams</b>							
Cameron Durno & Nicole VanDerkaay		Team		34.46	1		
Kendyll, Ali & Danielle		Team		45.10	1		