



### **SMITHS SPORTS SHOES – NEW BALANCE DUATHLON, 21<sup>st</sup> December 2009**

The 9<sup>th</sup> summer Duathlon was held on Monday night (21<sup>st</sup>) with 37 individuals and teams taking part. The race at the Motor Sport Park also doubled as the club Duathlon championships. The TriSport Taupo event is staged in conjunction with Smiths Sports Shoes and was raced over a 1.8km run, 10km bike (3 laps of the track), 1.8km run course with the shorter course option being just the first run and bike. First home of 32 individuals in the full Duathlon was junior (age 15-19) Cameron Todd in 27m24ms with Frank Sutton the first under 15 junior in 34m17s. The first 20-39 age group senior man was James McGrogan in 29m34s, Chris Todd was the first 40-54 veteran in 30m12s and Steve Currie the first 55+ vet in 33m44s. The first woman home (and 15<sup>th</sup> overall) was under 15 junior Nicole VanDerKaay in 34m32s. The first 20-39 senior woman was Jackie Peck in 44m05s with Debi Woodward the first 40-54 Vet in 35m58s. Keegan Pook was first home on the short course in 31m16s with Graeme & Kyle Goucher the first short course team in 27m31s.

Kate Harland picked up the shoe spot prize with Chris Todd, Brendan Hawkins and Jalila King winning the other three Smiths sports shoes spotties.

The next Trisport Taupo Monday event is an Aquathon from the Yacht club on 11<sup>th</sup> January which will be a 500m swim followed by a 5km run. The club wishes all its members, supporters and sponsors a merry Christmas and a happy new year.

For more information on the Tri-Sport Taupo club events ring president Chris Todd 377 0606 ah or Steve Currie 378 2224. Also visit the clubs website at [www.trisporttaupo.co.nz](http://www.trisporttaupo.co.nz) for the club calendar, entry forms and club articles. Club calendars (includes entry form) are also available at local sport shops

**See next page for results**

**SMITH SPORTS SHOES NEW**  
**BALANCE DUATHLON N°9, 21st**  
**December 2009, Club Champs**



1.8km/10.1km/1.8km at Taupo Motor Race Track

SP=Spot prize

NAME	GRADE	TIMES	PLACES		
			O/ALL	Grade	Club Grade
<b>Individual Long Course</b>					
Cameron Todd	JM 15-19	27.24	1	1	1st
Josh Kenyon	JM 15-19	28.01	2	2	2nd
James McGrogan	SM 20-39	29.34	3	1	1st
Alex Roberts	JM 15-19	30.02	4	3	3rd
Chris Todd	VM 40-54	30.12	5	1	1st
Dean Hawkins	VM 40-54	30.37	6	2	2nd
Rob Brown	VM 40-54	30.54	7	3	3rd
Steve Richards	VM 40-54	31.01	8	4	
James Weal	JM 15-19	31.50	9	4	
Ian Carppe	VM 40-54	32.27	10	5	
Darrell Koenig	VM 40-54	32.40	11	6	
Glen Davies	VM 40-54	33.34	12	7	
Steve Currie	VM 55+	33.44	13	1	1st
Frank Sutton	JM U15	34.17	14	1	1st
Nicole VanDerKaay	JW U15	34.32	15	1	1st
Aidan Hawkins	JM U15	34.43	16	2	2nd
Peter Sutton	VM 40-54	35.27	17	8	
John Kuper	VM 55+	35.33	18	2	2nd
Brendan Hawkins	JM U15	35.52	19	3	3rd
Debi Woodward	VW 40-54	35.58	20	1	1st
Denis Lewis	VM 55+	35.59	21	3	3rd
Duncan Muller	JM 15-19	36.29	22	5	
Dale Pearson	SM 20-39	37.56	23	2	
Jack Davies	JM U15	38.02	24	4	
Mitchell Weal	JM U15	38.03	25	5	
Matt Douglas	JM U15	38.32	26	6	
Aisling Bowden	JW U15	39.25	27	2	2nd
Peter Taylor	VM 55+	40.14	28	4	
Jackie Peck	SW 20-39	44.05	29	1	1st
Kylie Overington	SW 20-39	44.32	30	2	2nd
Jalila King	SW 20-39	55.44	31	3	3rd
Sancha King	SW 20-39	55.45	32	4	
Nicole Scott	JW U15	dnf			
<b>Individual Short Course</b>					
Keegan Pook	JM U15	31.16	1	1	1st
Mark Harland	JM U15	37.01	2	2	
Kate Harland	VW 40-54	37.01	3	1	
Aidan Lynch	JM U15	42.51	4	3	2nd
<b>Teams Short Course</b>					
Graeme & Kyle Goucher	Team	27.31	1		

SP

SP

SP

SP